

Local Inspired Contemporary Cuisine

cafe 101

Lunch

## Beginnings

### Lobster & Curry Chowder 10

Comeau's lobster, sweet potato and tomato

### Cafe 101 Chowder 8

Nova Scotia fish and shellfish, cream, dill

### Rick's Soup Corner 6

Seasonal and local inspired flavors

### Field 8

Local greens, caramelized onions, seasonal fruit, goats crumble, balsamic honey emulsion

### Caesar 8

Brioche infused in bacon, Romaine hearts, pancetta, asiago, lemon emulsion

### Spinach 8

Spinach leaf, pineapple, cooked portabella, roasted red pepper buttermilk dressing, spiced pinenut brittle

### Grilled salad 8

In season, bib, bocconcini, tomato jam, dehydrated olives and asiago

## Middles

### Ravioli 16

16-hour braised short rib, wild mushrooms, sundried tomato broth, asparagus ribbons and truffle oil

### "Open Face" Chicken & Brie 13

Basil, grilled local chicken, double crème brie, 24 Carrots sour dough bread, first press olive oil

### F & C 13

Keith's batter, frites, slaw and pickled cabbage salad

### Po Boy Variation 14

Pulled bbq pork shoulder, corn bread, onion crisps, chipotle butter, jalapeno gouda and garlic aioli

### Combination 14

Created daily inspired sandwich and Rick's soup offering

### Broth 16

Wonton noodles, shitakes and broth, smoked chicken, Vegetables and Chinese sausage

### Seafood 18

One side seared salmon, Robicheaus prawns and scallops, yellow curry, fennel broth, orzo, naan bread

### Haddock 17

Robicheau's own, corn meal, chorizo ragout, sweet chips and curry aioli

### Open face Burger 16

Local ground sirloin, onion and potato frites, apple wood cheddar, truffle mayonnaise, crisp pork belly and mushroom jus lie

### Tacos 14

Crisp pork belly, tabouli, pico de gallo, chimichurri and lemon crème fraiche

### Mac and Cheese 19

Atlantic lobster, feta, sundried tomato, prosciutto, brioche crust, tomato salad and asiago

### Club 16

Maple bacon, dressing, pulled braised turkey, potato bread, caraway havarti, bib and oven-roasted tomatoes

### 2 is better than 1 15

Mushroom, roast garlic, crisp arugula, balsamic, asiago, feta, smoked chicken, pistachio, mozzarella and whole wheat crust